

C4P RIDES PROGRAMME

February to April 2010

Note: Non-members must contact the ride leader to RSVP.

ROUND THE RIVER

07/02/2010 - 50 km Grade: Easy
Start: 8:00 from Concert Hall

Join Warren for a leisurely ride to Fremantle for morning tea/early lunch. Meet at the Concert Hall car park at 9:30 am. Contact Warren 9242-1176 for details.

ITALIAN CAR SHOW

21/02/2010 - 40 km flat
Start: 9:00 from the Concert Hall -

Join us for a ride to Mulberry-on-Swan for a celebration of Italian design in Cars, Bikes and Scooters. \$10 admission. All funds raised will go to Rotary Community projects. The Rotary Club of Northbridge assists the RUAH Centre in Northbridge for homeless people. Café, licensed bar, sausage sizzle, gelati, fresh coffee. Contact Bill on 9384 9430 or 0409 333 075 for details

BURNS BEACH

07/03/2010 - 50 kms Grade: Medium
Start: 8:00 AM from Warwick Station

Meet at the Warwick Railway Station at 9:30 am for a ride through the Northern suburbs to Burns Beach for coffee. We will return to Warwick via the coast early afternoon. For more information contact John on 9447 8939.

FREEWAY BIKE HIKE

21/03/2010 10, 30 & 60 km
Starting from 7 am

See website for details

<http://www.freewaybikehike.com.au/>

EVENING NOSH

31/03/2010- 25 km, Grade: flat
Start: 6 pm from the Concert Hall car park

An Evening ride to enjoy the last of Summer. Stopping at a suburban eatery for dinner. Hope to be back by 9ish. For details ring Mari on 9384-9430 or 0448 280 923. **LIGHTS ARE ESSENTIAL !!!!!!!**

EASTERN SUBURBS JAUNT

Sunday 18 April 2010 - 40 km Grade: Flat
Start: 10.00am from Concert Hall car park

From the city the ride will take us partially along the river past the Burswood Casino and then proceed on quiet roads through Rivervale, Kewdale and Welshpool. After crossing the Tonkin Highway, we'll weave through Forrestfield, High Wycombe and Hazelmere to our lunch destination at the Woodbridge Tavern, East Guildford. Public transport on the train back to Perth with your bike is available for those who want to avail themselves of this option; otherwise after lunch the keen ones can continue to make their way back to the city along the designated railway cycle path. Call Trevor on 9345 1048 or 040 202 9608 for details.

JANE BROOK RIDE

02/05/2010 - 50 kms Grade: Flat
Start: 10:00 AM from Concert Hall

Meet at the Concert Hall car park at 10 am to join C4P for a bike week ride to Jane Brook. There we will have lunch - cost ~ \$15, after wine tasting which starts at 11.30am. Booking 1-week prior is essential. For bookings & more info contact: Peter or Sally on 9266-2370.

YANCHEP

16/05/2010 - 60 km, Flat, Road
Start at 9:30 AM from Lakeside Train Station

Meet at Lakeside Train Station, Joondalup at 9:30 for a ride to Yanchep for an early lunch at the cafe. Return to train station mid afternoon. Contact: John on 9447 8939.

END-OF-THE-LINE TO

END-OF-THE-LINE

30/5/2010 - 40 km Grade: Flat
Start: 10.00am from Armadale Train station

Catch the train with your bike and assemble at the Armadale Train Station at 10.00am for a leisurely ride through the eastern suburbs to the Midland Train station. After lunch, ride participants can board the train on the Midland line to return to their respective destinations. Call Trevor on 9345 1048 or 040 202 9608 for details.